

# September 2024

1	2 <b>Labour Day</b> No School	3 Chicken Caesar Wrap \$4	4 Grilled Cheese 1 - \$3 / 2 - \$4	5 Chicken Burger \$4	6 Sub Sandwich \$4	7
8	9 Pierogi Meal \$4	10 Tex Mex Chicken Wrap \$4	11 Spaghetti \$5	12 Chicken Alfredo Pasta \$5	13 Tacos \$5	14
15	16 Chicken Strips \$5	17 Ham & Cheese Sliders \$4	18 Order at <a href="http://healthyhunger.ca">healthyhunger.ca</a> <b>SUBWAY &amp; Booster Juice</b>	19 Hot Dogs \$4	20 PD Day No School	21
22	23 Mac & Cheese \$3	24 Grilled Cheese 1 - \$3 / 2 - \$4	25 Order at <a href="http://healthyhunger.ca">healthyhunger.ca</a> <b>KFC</b>	26 Baked Tortellini \$5	27 Chicken Caesar Wrap \$4	28
29	30 <b>National Day for Truth and Reconciliation</b> No School	1	2 Order at <a href="http://healthyhunger.ca">healthyhunger.ca</a> <b>barBURRITO</b>	3	4	5

# October 2024

29	30	1 Sub Sandwich \$4	2 Order at healthyhunger.ca <b>barBurrito</b>	3 Chicken Burger \$4	4 Grilled Cheese 1 - \$3 / 2 - \$4	5 \$4
6	7 Pierogi Meal \$4	8 Tex Mex Chicken Wrap \$4	9 Order at healthyhunger.ca <b>Pasta Pantry</b>	10 Chicken Alfredo Pasta \$5	11 PD Day No School	12
13	14 <u>Thanksgiving</u> No School	15 Chicken Caesar Wrap	16 Order at healthyhunger.ca <b>Boston Pizza</b>	17 Hot Dogs \$4	18 Spaghetti \$5	19
20	21 Mac & Cheese \$3	22 Tacos \$5	23 Order at healthyhunger.ca <b>Subway &amp; Booster Juice</b>	24 Baked Tortellini \$5	25 Ham & Cheese Sliders \$4	26
27	28 Chicken Strips \$5	29 Grilled Cheese 1 - \$3 / 2 - \$4	30 Order at healthyhunger.ca <b>Edo Japan</b>	31 Mummified Hot Dogs \$4	1 PD Day No School	2

Hello Parents

Here is some information about the Servery(Store) at WDCuts.

1. It is cash only - it is a good opportunity to teach them how to count/spend cash money.
2. The Servery is only open during the lunch break.
3. The menu is subject to change on short notice.
4. All packaged items are nut/peanut free. I cannot guarantee nut free for baked goods (muffins). There are no nuts/peanuts in the Servery ever.
5. There is a sign up sheet on the Servery door for anyone needing modified ingredients, students must sign up in advance for this. (vegetarian, no pork/beef, GF (I cannot guarantee GF, but will do my best).
6. Unfortunately I have had to raise some prices this year but I continue to provide healthy and affordable choices wherever possible.
7. I only have the capacity to make max. 40-50 lunches per day. If we run out there are always Quick Lunch options for them.
8. The months menu is posted on the bulletin board and often included in the Newsletter.

*It is an honor to provide lunch for children and I hope they enjoy it.*

*Heidi Hovis*