

PREVENT THE SPREAD

Every day, parents and students are responsible for completing the **Alberta Health Services screening questionnaire** before arriving at school.

What to do if your child is ill



If your child has any of these CORE COVID-19 SYMPTOMS

- fever
- cough (new or worsening)
- shortness of breath or difficulty breathing (new or worsening)
- runny nose
- sore throat

What should you do next?

- 1 Call the Health Link at 811.
- 2 You are legally required to have your child isolate for at least 10 days or until they are symptom free, whichever is longer.
- 3 We strongly recommend you have your child tested for COVID-19 (book online at albertahealthservices.ca or call 811).

If your child has any of these ADDITIONAL SYMPTOMS

Children must stay home and minimize contact with others if they have the following symptoms:

- chills
- painful swallowing
- stuffy nose
- headache
- muscle or joint aches
- feeling unwell, fatigue or severe exhaustion
- nausea, vomiting, diarrhea or unexplained loss of appetite
- loss of sense of smell or taste
- conjunctivitis (pink eye)

What should you do next?

- 1 Call the Health Link at 811.
- 2 We strongly encourage you to have your child tested for COVID-19.
- 3 Keep your child at home until they are symptom free.

When can your child return to school?

When the 10-day isolation is complete and your child is symptom free

OR

When your child has a negative test result and is symptom free.



When they are feeling well and are symptom free.

Call 911 immediately if your child is experiencing severe symptoms of COVID-19, including difficulty breathing, severe chest pain, feelings of confusion or loss of consciousness.

Parents, household members and contacts of a student who has symptoms but does not have COVID-19 are not required to quarantine. Only those identified by Alberta Health Services as close contacts of a confirmed case of COVID-19 must quarantine.

This document is based on Alberta Health Services' requirements and guidelines and may change. Please refer to the division website at www.spschools.org/district_operations/covid-19 for links to updated information.